PRAYER ACTIVITY

Lord's Prayer Labyrinth



Equipment

Something to mark out a path (e.g. tent pegs and tape on lawn OR the spray that groundsmen use to mark out football pitches OR or chalk on pavement, OR adhesive tape), laminated Lord's Prayer instructions and some way to display them.

Set up

This activity uses a labyrinth. Walking a labyrinth is an ancient tradition, used to help contemplation.

The original design used a path width of 1 metre wide, which allows pupils to pass and to walk round in pairs or groups if they wish. Tent pegs were hammered into the ground and plastic barrier tape was used to mark out the design. The design is available, but other designs can be found online. The numbers 1-6 indicate where you need to place the six parts of The Lord's Prayer. The original labyrinth used garden stakes. The scripts were printed out, laminated and attached to the stakes using bulldog clips.

Instructions

Below is the Lord's Prayer script, which you will need to type out on six separate sheets and laminate.

Our Father in heaven, may your name be kept holy.

Think of a time when it seemed like God was near to you.

How did you feel? Thank him now.

Keeping someone's name holy is so much more than not swearing. It's about living in a way that honours that person, whether they're a mum, dad, friend or maybe the God of the whole universe. It helps us to feel closer to them.

How might you live your life in a way that's just a little closer to God?



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May your Kingdom come soon.

May your will be done on earth, as it is in heaven.

What do you think it would look like if earth was like heaven?

Think of one thing that would be different in the lives of those around you, or in the wider world. Pray for change.

Give us today the food we need

Food, water, shelter. These things are essential to life.

Millions of people around the world struggle every day to meet these needs. What needs do we easily take for granted? Thank God for something you need every day that you don't have to worry about.

Now pray for people in the world whose basic needs aren't met, whether far away, or in our neighbourhood. How might God use you to help meet someone else's needs?

Forgive us our sins, as we have forgiven those who sin against us.

Was there a time this week when you said or did something you hope Jesus didn't notice? Take a moment to say sorry. What hurts are you carrying because of something someone said or did to you? Could you choose to forgive them now?

And don't let us give in to temptation, but rescue us from the evil one.

Has there been a time when you did something even when you knew it was the wrong thing? Is there somewhere in your life where you are struggling to do the right thing?

Ask God to guide you, and to help you make good choices.

For the kingdom, the power and the glory are yours, now and forever.

It all belongs to God.

What makes you aware of God's kingdom? Moments of peace or worship? Gathering with other believers? What makes you aware of God's power? Prayers answered? Evil overcome?

What makes you aware of God's glory? The natural world, beautiful and awe inspiring? A sunset? A starry night? Thank God for something you've seen or experienced that made you think of him.

As you leave the Labyrinth keep your eyes and ears open to all that God is doing. And be thankful